

Elevo's GOTW Coach Training

Week of July 3 – July 7

Focus: Lava Game & Ultimate Ball

Remember, you have until 11:59 PM Wednesday, July 5th to complete this training!

OVERVIEW AND OBJECTIVES

Welcome to this week's GOTW Coach Curriculum Huddle.

As Always, I am excited to share this new - self-guided way of preparing for the upcoming week. As you move through the training you will be asked to answer a series of questions on a Google form . The Google form is how we capture your attendance. You will be paid for this training when the Google form is "submitted".

You got this! Have fun with it!

[Overview and Objectives Video](#)

[Link to Google Form](#)

Head to your google form to answer Question 1:

When is the best time of day/night for you to focus and retain information?

GROWTH MINDSET WARM-UP

The first thing we should always do when we meet our students is greet them with a warm welcome.

Head to your google form to answer question 2: ***What are 2 ways you can greet students with a warm welcome? How do you make it your own?***

Please watch the following video on this week's Growth Mindset warm-up: Introduce what a growth mindset is, this week's Growth Mindset challenge, and ways you can warm up the students while also using strategies of a warm welcome. Be personal and share what YOU do. i.e. commenting on students' shoe colors during jumping jacks.

[Video](#)

Head to your google form to answer question 3:
What are 2 ways you like to warm up your students? Have you ever learned a good warmup from a student that suggested one?

SEL DISCUSSION

Concentration. Attention. Commitment. Goal.

What do you think of when I say these words?

The ability to “pay attention to something” Focus your attention on these asynchronous training sessions. Focus on your discussions with your students throughout the entire week, engage all the time.

Engage with your students!

Have fun! *try not to focus on my hair LOL

[SEL Discussion Video \(Focus\)](#)

Link to applicable weeks' [SEL discussion video](#) and [discussion guide](#)

Thanks for checking out the videos!

Head back to your google form to answer Question 4:

Question 4: Please answer the question from SEL Discussion Guide; Day 4, 6-8 grade.

GAMES OF THE WEEK

Check out the 2 game of the week videos below:

[Lava Game](#)

[Ultimate Ball](#)

Watch the following video for more tips and ideas:

[GOTW Overview and Tips](#)

Thanks for checking out the videos!

Head back to your google form to answer questions 5 & 6:

What does the 'M' stand for in the acronym ACMI? How do you like to run this step?

What is a modification you want to try for either of these two games?

MINDFUL MOMENT & OPTIMISTIC CLOSURE

Let's focus on ending our sessions with a Mindful Moment before returning your kids back to teachers or parents!

In order to focus on mindfulness, help your students keep their attention on you and the present.

Let's practice this mindfulness together now:

Come on, give it a try here!

Head back to your google form to answer Question 7:

Where can you find information and examples of Mindful Moments?

[Mindful Moment Video](#) (Lazy River)

[Link to Mindful Moment document](#)

I want you all to focus on your positives this week.

[Optimistic Closure Video](#)

Head back to your google form to answer Question 8:

Question 8: How long do you think a brain break should last?