



EXPANDED LEARNING WEEK 1

SAMPLE CURRICULUM

COMMUNITY BUILDING SNAPSHOT

In Community Building, students focus on getting to know their peers through a variety of team-building and self-reflection activities, while establishing routines and shared understanding of what type of community they want to be a part of.

- 1 Our Community Circle**
Objective: Students form a Community Circle to establish positive community routines.
- 2 Beautiful Oops**
Objective: Students learn to transform mistakes into something beautiful while reviewing expectations with materials.
- 3 Silent Teamwork**
Objective: Students practice transitions by using non-verbal communication to complete challenges as a team.
- 4 Our Team Agreement**
Objective: Students design a Team Agreement to support a positive community culture and play a community-building game.
- 5 Walk in My Shoes**
Objective: Students design a shoe that represents their style and practice the routine of an Optimistic Closure.
- 6 Hot and Cold**
Objective: Students play a game of Hot and Cold to practice communication and collaboration.
- 7 Brain Break Toolkit**
Objective: Students practice Brain Break strategies, creating a personal toolkit to help them stay focused during learning.
- 8 Feeling Finder**
Objective: Students learn about the Feeling Finder and express different emotions through movement.
- 9 Connection Check**
Objective: Students reflect on their interests and interview a peer to find things they have in common, practicing dialogue with others.
- 10 Beautiful Oops**
Objective: Students work together to create and decorate their space with a group art project.

SAMPLE SCHEDULE



Warm Welcome
1:45 PM



Community Circle
2:00 PM



Self-Care Routine
2:10 PM



Elevo EQ
2:20 PM – 3:00 PM



Self-Care Routine
3:05 PM



Snack
3:10 PM



Homework
3:35 PM



Enrichment
4:00 PM – 5:00 PM



Read Aloud
5:30 PM



Mindful Moment
5:40 PM



Clean Up
5:50 PM



Pack Up
6:00 PM