

Week 1 Snapshot

Lesson**1****Ready Position!**

Objective: Students will learn daily routines and how to dribble a soccer ball.

Foundational Skill: Dribbling is a fundamental soccer skill that allows players to control the ball with their feet to gain an advantage.

Materials: Soccer balls, cones, whiteboard

Lesson**2****Team Agreement**

Objective: Students will make a Team Agreement and practice routines before hitting balls on the court.

Materials: Soccer balls, cones, pennies

Lesson**3****Positions**

Objective: Players will learn positions on the field and other soccer terminology.

Materials: Soccer balls, cones, pennies

Lesson**4****Dribbling Relay Races**

Objective: Dribbling is a fundamental soccer skill that allows players to control the ball with their feet to gain an advantage.

Materials: Soccer balls, cones, pennies

Lesson**5****Small-Sided Scrimmage**

Objective: Students will play in their first scrimmage and learn the basics of game play.

Materials: Soccer balls, cones, pennies