



Hosted by **elevo**<sup>®</sup>

March 4, 2026  
Sacramento, CA

# AGENDA

Time	Content	Facilitator(s)
8:30–9:00 (30 mins)	Coffee & light breakfast available upon arrival	N/A
9:00–9:10 (10 mins)	Welcome and Opening Remarks	Nick Telford
9:10–9:40 (30 mins)	Education Budget Priorities	Jessica Holmes, Chief Education Budget Advisor to the Governor
9:45–10:30 (45 mins)	Current State of Expanded Learning: Budget/Funding	Kevin Gordon, President and Partner, Capitol Advisors
10:30–10:40 (10 mins)	Brain Break	Manny Avina
10:40–11:00 (20 mins)	Needs & Leads: Sharing Needs & Potential Solutions	Kristen Henry & Manny Avina
11:00–11:45 (45 mins)	ELO-P: Leadership, Investment, and Impact	Kevin McCarty, Mayor of Sacramento
11:45–12:40 (55 mins)	Lunch (catered onsite)	N/A
12:40–1:30 (50 mins)	Innovating in Expanded Learning: Certified Wellness Coaches (CYBHI/HCAI)	Kristen Henry, Shane Schuurmans, and Manny Avina
1:30–1:40 (10 mins)	Closing Remarks & Event Survey	Nick Telford
1:40–2:00 (20 mins)	Travel time to Capitol Building Tour	N/A
2:00–3:30 (90 mins)	Private tour of the Capitol Building	N/A
3:30–4:10 (40 mins)	Time at the Capitol Visitors Center or the California State Capitol Park	N/A
4:10–4:30 (20 mins)	Travel time to the evening event	N/A
4:30–7:00 (2.5 hrs)	Happy Hour & Dinner (offsite location – <a href="#">Foundation Restaurant</a> )	N/A

# Welcome & Opening Remarks



**Nick Telford**  
Co-Founder/CEO  
Elevo

# Education Budget Priorities



**Jessica Holmes**

Chief Education Budget Advisor  
to the Governor



# Budget & Funding Updates



**Kevin Gordon**  
President and Partner  
Capitol Advisors Group

# Morning Stretch

Chair Yoga led by Manny Avina



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# Needs and Leads

Group Share

Sharing Needs & Potential Solutions



**Dr. Kristen Henry**  
VP, Student Wellness & Innovation  
Elevo



**Manny Avina**  
Manager, Curriculum & Training  
Elevo



**What have been your greatest needs this year?**

**What solutions does the team have to offer?**



# ELOP: Leadership, Investment, and Impact



Kevin McCarty

Mayor

City of Sacramento

# Lunch



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# Innovating Expanded Learning

Certified Wellness Coaches



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**Dr. Kristen Henry**

VP, Student Wellness & Innovation  
Elevo



**Manny Avina**

Manager, Curriculum & Training  
Elevo



**Travis Burke**

Executive Director of Special  
Projects and Equity  
Twin Rivers SD



**Shane Schuurmans**

VP, Strategic Partnerships  
Elevo

# What Problem Does ELOP + CWC Solve?

- Education Reform – Creating spaces where all students belong
- Additional Specialized, High-Quality Staff
- Link of supports between school day and after school
- Time to provide unique wellness instruction (i.e. T-SEL)



# A Crash Course in CYBHI, HCAi, CWC, & YDR's

# CYBHI's Origin Story



Pre-COVID the youth mental health system was failing - kind of quietly.

- ✓ Long waits for mental health service
- ✓ Crisis-only care
- ✓ Schools could identify the problems, but couldn't address (authority + capacity)
- ✓ Families were bouncing between Medi-Cal, supports, and districts trying to meet the needs of their children.

# Then Covid Came...

There were drastic spikes in youth

- anxiety,
- depression, and
- suicidality.

Kids were dysregulated, grieving, angry, and exhausted and ER's and mental health treatment facilities were the primary solution.

The system collapsed.




# The Lawsuit



California was failing to provide what Medi-Cal legally owed children.

In **Katie A. v. Bonta** it was ruled that California was either “illegally warehousing children” or doing nothing for children with serious emotional needs, rather than providing community-based mental health services.

The federal settlement forced the state to build real alternatives for service provision.



**The Child Youth  
Behavior Health  
Initiative (CYBHI)  
was born.**

# What CYBHI Changed & Why Districts Care

## Like Expanded Learning, CYBHI is a system reset.

- It reframes schools as access points for mental health care.
- It expands the workforce beyond licensed and credentialed providers with the **Certified Wellness Coach Initiative**.
- It funds prevention and early support, not just crisis response.

For districts, this matters because CYBHI was designed to systematically solve problems like student distress, staff burnout, and limited capacity.

# How CYBHI is Being Introduced Statewide



## **Districts First Must Apply to be in Cohorts**

### Phase One Cohorts: Grant Model (e.g. Twin Rivers USD)

- Funded by CYBHI implementation dollars
- One time monies used to design, hire, train, supervise, and build capacity

### Phase Two Cohorts: Fee Based Billing Structure (e.g. Upland USD)

- CWCs track, report, and submit their services for reimbursement
- Leveraging the district's Third Party Electronic Health Record (ERH) Services
- Submissions are processed by Carelon and districts are reimbursed for services provided



# So wait, what's HCAi?

# HCAi's Designed and Certifies the Certified Wellness Coach

- Core Certified Wellness Coach competencies
- Ethical standards
- Shared baseline of standards for all Certified Wellness Coaches
- Issues the Certification and Recertification



# Billable Services, Codes, & Rates/Unit

Billable Service	Code	Rate/Unit
<b>Individual Initial</b>	0591T	\$66.24
<b>Individual Ongoing</b>	0592T	\$41.08
<b>Group</b>	0593T	\$12.45

*Assumption = Received parent consent for service provision and insurance billing*



# CWC Model Simulation Sample

## Certified Wellness Coach Example

Time	Activity	Procedure Code	Description	Units	Modifiers	Rate/Unit	Total
8:00–8:20AM (20 minutes)	Initial Wellness Coaching	0591T	Individual, 30 min	1	U4	\$66.24	\$66.24
8:45–9:15 AM (30 minutes)	Follow-up Coaching	0592T	Individual, 30 min	1	U4	\$41.08	\$41.08
9:30–10:00 AM (30 minutes)	Group Coaching	0593T	Group, 30 min	1 x 5 students	U4	\$12.45	\$62.25
10:15–11:00 AM	Documentation & Prep	—	Non-billable	—	—	—	
11:00–11:18 AM (18 minutes)	Follow-up Coaching	0592T	Individual, 30 min	1	U4	\$41.08	\$41.08
1:00–1:25 PM (25 minutes)	Group Coaching	0593T	Group, 30 min	1 x 2 students	U4	\$12.45	\$24.90
1:45–2:15 PM (30 minutes)	Initial Wellness Coaching, telehealth	0591T	Individual, 30 min	1	U4, 95	\$66.24	\$66.24
2:30–2:46 PM (16 minutes)	Follow-up Coaching	0592T	Individual, 30 min	1	U4	\$41.08	\$41.08
3:15–3:45 PM (30 minutes)	Group Coaching	0593T	Group, 30 min	1 x 10 students	U4	\$12.45	\$124.50

Source: DHCS CYBHI Office Hours, Sept 30, 2025



# Twin Rivers Innovation: ELOP + Elevo CWC

# Twin Rivers Grant Model

- 8 Schools
- 24 E-CWCs
- Half School day/Half afterschool
- Providing billable services with Elevo Wellness Curriculum

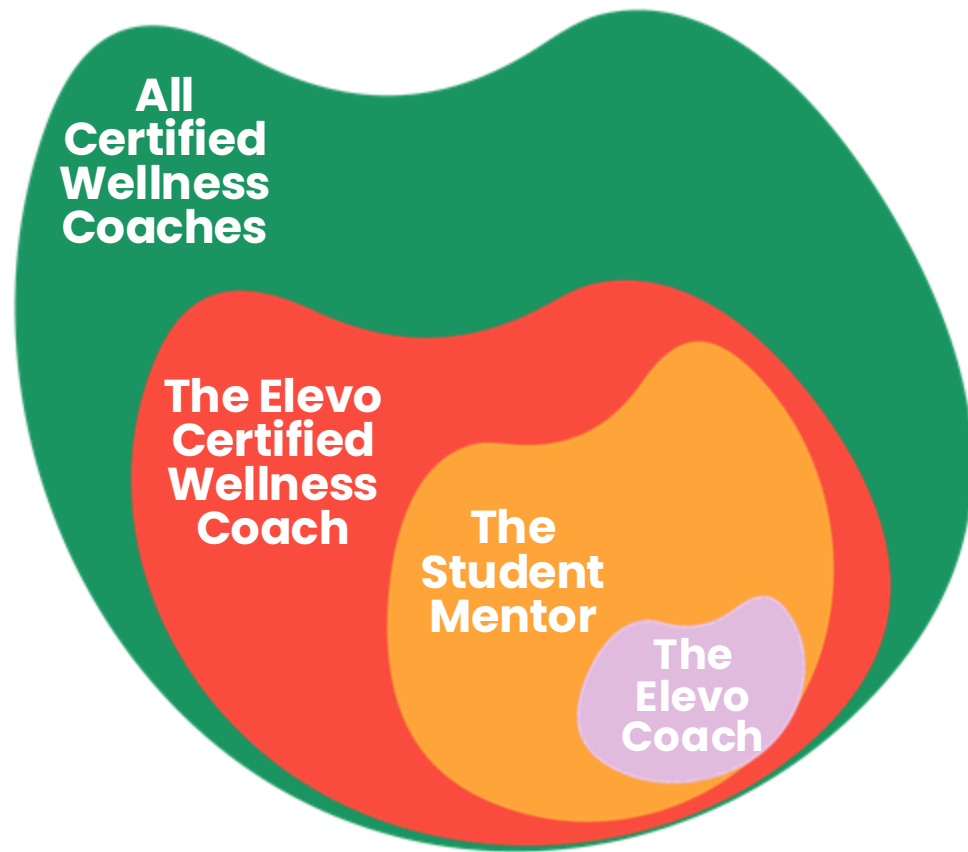




**Elevo**<sup>®</sup> Certified Wellness Coach

elevo<sup>®</sup> | CYBHI

**The Elevo  
Certified  
Wellness Coach  
is a specialized  
Certified  
Wellness Coach**

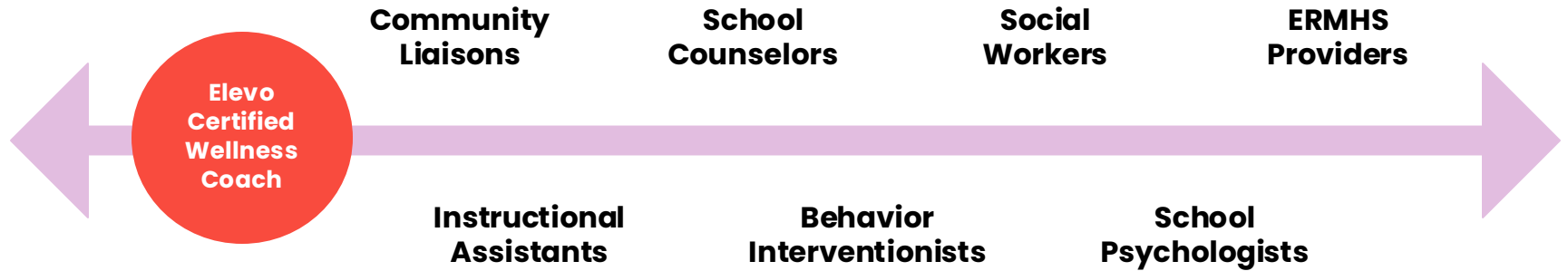


# Elevo Certified Wellness Coach Training

## Year 1

<b>Content Expertise</b>	<b>Phase 1: Onboarding &amp; Foundational Skills</b>	<b>Phase 2: Skill Building &amp; Refinement</b>
<b>Trauma and Culturally Responsive Education</b>	<b>X</b>	<b>X</b>
<b>T-SEL and 21st Century Skills</b>	<b>X</b>	<b>X</b>
<b>Wellness Physical Activity / Recess Engagement</b>	<b>X</b>	<b>X</b>
<b>Restorative Practices in Schools</b>	<b>X</b>	<b>X</b>
<b>Co-regulation and Crisis De-escalation</b>	<b>X</b>	<b>X</b>
<b>Multi-Tiered Systems of Support &amp; Engaging Practices</b>	<b>X</b>	
<b>Confidentiality, Privacy, and Student Rights</b>	<b>X</b>	
<b>Goal Setting, Skill Building, and Progress Monitoring</b>	<b>X</b>	

# Integrating Into the District's System of Supports



**We collaborate with each district to ensure that our job description seamlessly integrates with the district's existing positions.**

# The Specialized (and billable) Services of the Elevo Certified Wellness Coach

**Elevo Certified Wellness Coach**  
Core Billable Services



## Universal Supports

Wellness Education

Restorative Resets

## Targeted Supports

Quick Connect

Individual Mentorship

Groups Mentorship

# The Unique (and billable) Curriculum of the Elevo Certified Wellness Coach

## Elevo Certified Wellness Coach Curriculum

Tier Two  
Supports

EQ

Elevo  
SPORT

Tiny Habits  
Toolkit

Growth  
Labs

STEAM+  
Wellness

Zones of  
Regulation<sup>®</sup>

# What Problem Does ELOP + CWC Solve?

- Education Reform – Creating spaces where all students belong
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Questions?



# Closing Reflections

# Feedback

Please take a moment to provide feedback about this event.

***It only takes 2 minutes***

March 2026 Community of Practice (CoP) Event Survey



# The Capitol: Private Tour

# Happy Hour & Dinner: Foundations Restaurant

400 L St, Sacramento, CA 95814

# Questions?

We look forward to a strong partnerships together this year!

